"An IED Blast Survivor Runs a 10K Race"

by Carlin Corsino

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The day I met you
was the story about
mechanical legs falling off
in a ditch on a 10k race
covered in excrement
by the roadside
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blast

years before left
incapable of running alone
across the line to which
you crawled even after
leftover medals

found homes

in the trash and littered
confetti stuck to your mess
tar feathers
in the machinery
intended to preserve

life had failed you now lying in the sand Sun burning down

yelling or laughing

even to be

heard faintly

across the desert

something pooled

unaware hands

pulling, finish

line evaporates

100 meters away.

Carlin Corsino is a retired Army physician. The great privilege of his Army career was training
medics. This is a poem about the man who inspired him to set off on that path.